### Healthy Brain LA

# **Monthly Digest**

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

### **News and Updates**

- Upcoming! Join the virtual National Dementia Care Collaborative 2024 Autumn Summit on November 19th. The Summit will focus on evidence-based strategies and resources for implementing comprehensive dementia care. This virtual event is free and open for anyone interested. Learn more and register to secure your participation here.
- Upcoming! The Los Angeles County Department of Health Services is hosting a diabetes fair for patients and families on November 20th at the California Endowment from 8 AM – 4 PM PST. This event will feature providerled lectures, a technology fair for CGMs and pumps, ask the expert booth, and mental health support resources in the community. Learn more and register for the event here.
- New! The Kaiser Family Foundation published a recent article: Millions of Americans are Facing Dementia by Themselves. This article emphasizes the silent majority of older adults living alone with cognitive impairment, particularly women, Black or Latino individuals, and those with lower levels of education, wealth, and homeownership. <u>Read the article here.</u>

### **Funding Opportunities** PATIENT-CENTERED OUTCOMES RESEARCH

## INSTITUTE (PCORI): MANAGING PAIN TOPICAL

### Deadline: May 6, 2025

PCORI seeks to fund patient-centered comparative clinical effectiveness research (CER) projects that focus on interventions to improve patient-centered outcomes for people living with acute and/or chronic pain. PCORI is interested in submissions that address four Special Areas of Emphasis, one of these being pain in people living with limitations in cognitive functioning.



### **Trainings and Webinars**

October 2024

<b>Oct 30</b> 1 PM PST	UCLA ADC Program: Better Caregiving for All – Asian American & Pacific Islander Caregivers of Persons Living with Dementia. <u>Register Now.</u>
<b>Oct 30</b> 9 AM PST	<b>PCORI:</b> Managing Pain Research Funding Applicant Town Hall. <u><b>Register Now.</b></u>
<b>Nov 14</b> 10 PM PST	<b>UsAgainstAlzheimer's:</b> Brain Health Academy – Risk Reduction and Dementia. <u>Register Now.</u>
<b>Nov 19</b> 11 AM PST	<b>EDC:</b> National Dementia Care Collaborative (NDCC) Autumn Summit 2024. <u><b>Register Now.</b></u>
<b>Dec 9</b> 12 PM PST	<b>NADRC:</b> Specialized Aging Support for those with Intellectual and Developmental Disabilities and Dementia. <u>Register Now.</u>
<b>Community Events</b> Get involved! Promote these events to your network.	
<b>Nov 2</b> 10 AM - 12 PM PST	Huntington Park Health and Education Commision: Alzheimer's Presentation & Resource Event. In-person event at Salt Lake Park: 3401 Florence Ave, Huntington Park, CA 90255. <u>Register Now.</u>

Nov 9Alzheimer's LA: 4th Annual Making12:30 PM -Memories Festival. In-person event at Los7 PM PSTAngeles State Historic Park: 1245 N. SpringSt, Los Angeles, CA 90012.Register Now.

 Nov 10 Alzheimer's Association: Walk to End
9 AM -12 PM PST Alzheimer's – Santa Monica. In-person event at Crescent Bay Park: 2000 Ocean Ave. Santa Monica, CA 90405. <u>Register Now.</u>
Nov 20 Los Angeles County Department of Health Services. Diabetes Day for Patients and 4 PM PST Families. In-person event at The California

Families. In-person event at The California Endowment: 1000 Alameda St, Los Angeles, CA 90012. <u>**Register Now.**</u>

### In the Spotlight - Making Memories Festival

Join Alzheimer's Los Angeles, as they host their 4th Annual Making Memories Festival during Alzheimer's Awareness Month this November! Bring your family and friends for an afternoon of live music in the park with local food trucks, a vendor fair, and more! This half-day event raises awareness about Alzheimer's and other dementias as well as about the free services Alzheimer's Los Angeles provides.



Mark your calendars:

Saturday, November 9, 2024

👤 LA State Historic Park [ 🚺 12:30 PM - 7 PM

#### Get your tickets here!

Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families. Send success stories, achievements, or highlight ongoing initiatives to Mariana Reyes (healthybrainla@ph.lacounty.gov) to be featured in a spotlight.

### **Featured Resources**



#### TOOLKIT

<u>American College Preventative Medicine (ACPM) developed a new toolkit, Community-Clinical Linkages to</u> <u>Promote Brain Health for Healthcare Providers.</u>



#### **COMMUNITY RESOURCE**

<u>Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers</u> <u>and professionals to discover and share.</u>



#### **COMMUNITY RESOURCE**

California Department of Public Health's 'Take on Alzheimer's' Public Awareness Campaign.



#### **LEARNING MODULE**

Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.



### TOOLKIT

BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.



#### **COMMUNITY RESOURCE**

BOLD Center on Dementia Caregiving - A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners.



### Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to Mariana Reyes (healthybrainla@ph.lacounty.gov).



@ChooseHealthLA #HealthyBrainLA



www.publichealth.lacounty.gov/healthybrainla